



**Welcome to ReFresh at Emmanuel
(Restoring Energy, Faith, and Relevance to Every Soul's Heart)
June 14, 2026**

Welcome to ReFresh at Emmanuel

Welcome Visitors! We extend a special welcome to our visitors. Thank you for worshiping with us. We strive to live as a Safe and Healing Spiritual Community for all who come, regardless of socio-economic status, race, sexual orientation, gender identity, gender expression, or spiritual path. All are welcome in this holy space.

We invite you to worship with us on Sundays at our 8:30 am Emmanuel Traditional Worship Service in the chapel or our ReFresh 10:30 am Service either in person or on ZOOM. The Recorded Service is available on Facebook after the service.

To gather online by computer, tablet, or smartphone, use the following link.
<http://us02web.zoom.us/j/82726742888?pwd=WFewOVbXZGd3OHFzSXQ1WXIVTHppZz09>

Don't forget to sign the greeting cards for our Emmanuel Family Members.
The cards are on the table in front of the Celebration Room.

Assisting in Worship Today

Presider: Pastor Frank Langholf

Lector: Kathlyn Wright

Guest Musicians: Austins and Wilsons

Usher: Dena Rasmussen

Altar Guild: Dave & Susan Whitacre

Consultant: Bill Houtkamp

Sound: Andrew Ehrhardt

Greeting Cards: Taj Guzzardo

Yoga With Claudette Pirrello, Mondays at 5:00 pm

Cardio Drumming, Mondays at 4:00 pm, Call Beth, (815) 742-0548, to join

Spiritual Journey's on Tuesdays, 9:30-11:30 am on Zoom

Bible Study on Wednesdays at Noon on zoom.

Dial 312-626-6799 Meeting ID: 893 5688 8344 Passcode: 11999

To join by a land line or cell phone, dial the number above and then enter the meeting ID and passcode when prompted.

Silent meditation practice in the Benson Room: Thursdays from 5:30 – 6:15pm.

All are welcome. Enter by parking lot entrance. Questions or text Sara 815-742-0581.

Date: June 14, 2026

Theme: Juneteenth

Prelude: "Find the Cost of Freedom" by Stephen Stills

Welcome: Pastor Frank Langholf

Meditation: nobody's free until everybody's free. (fannie lou hamer)

Our Community Declaration:

**Guided by Spirit's Wisdom, Inspired by Creator's Imagination,
Centered in Christ's Love, and knowing that God is our Source,
Emmanuel is a Spiritual Community that is progressive, inclusive, creative, and
called to serve.**

Opening of the Heart

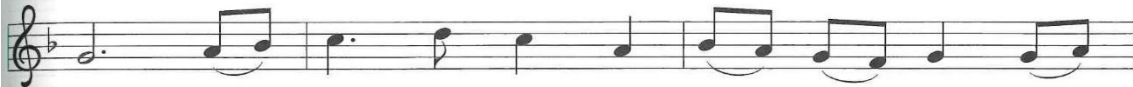
**Divine Beloved you created us in your image.
Grant us grace to contend fearlessly against evil
and to make no peace with oppression.
Help us, like those of generations before us,
resist the evil of slavery and human bondage in any form
and any manner of oppression.
Help us to use our freedoms to bring justice
among people and nations everywhere,**

Proclamation of Grace: The Good News is we are beloved children of God. We live in the promise of Christ, and NOTHING can ever separate us from God's love.

Gathering Song: All Are Welcome (ELW #641)



1 Let us build a house where love can dwell and all can safe - ly
2 Let us build a house where proph-ets speak, and words are strong and
3 Let us build a house where love is found in wa - ter, wine and
4 Let us build a house where hands will reach be - yond the wood and
5 Let us build a house where all are named, their songs and vi - sions



live, a place where saints and chil - dren tell how
true, where all God's chil - dren dare to seek to
wheat: a ban - quet hall on ho - ly ground where
stone to heal and strength - en, serve and teach, and
heard and loved and trea - sured, taught and claimed as



hearts learn to for - give. Built of hopes and dreams and
dream God's reign a - new. Here the cross shall stand as
peace and jus - tice meet. Here the love of God, through
live the Word they've known. Here the out - cast and the
words with - in the Word. Built of tears and cries and



vi - sions, rock of faith and vault of grace; here the love of
wit - ness and as sym - bol of God's grace; here as one we
Je - sus, is re - vealed in time and space; as we share in
strang-er bear the im - age of God's face; let us bring an
laugh-ter, prayers of faith and songs of grace, let this house pro -



Christ shall end di - vi - sions:
claim the faith of Je - sus:
Christ the feast that frees us: All are wel - come,
end to fear and dan - ger:
claim from floor to raf - ter:



all are wel - come, all are wel - come in this place.

Reading: A JUNETEENTH PRAYER – Jim Yerman
Closing our eyes is easy...it's probably the best way
to think, to hope, to dream...to make a wish...to kiss...to pray.

The quiet darkness behind our eyes is where we start
to heed the teachings of our soul and listen to our heart.

When we close our eyes this Juneteenth I pray

when we open them we'll listen as our hearts tell us something we've known all
along
that any kind of slavery...always was...always is...and always will be...wrong.

When we close our eyes this Juneteenth I pray

when we open them we'll remember human rights should never have to be
won...
they should be universal and apply to each and everyone.

When we close our eyes this Juneteenth I pray

when we open them I hope we'll understand everyone...no matter who or where
should receive the same education, same compassion, same acceptance
same health care.

When we close our eyes this Juneteenth I pray

when we open them we'll remember how discrimination tried to break their
spirit
how it tried to crush their pride...
We'll remember those who savagely and needlessly suffered at the hands of
prejudice
we'll remember those who died.

When we close our eyes this Juneteenth I pray

when we open them...those whose minds have become twisted
will stop acting as if slavery was ever a good thing...
or that it never existed.

Continued...

When we close our eyes this Juneteenth I pray

We look deep into our hearts, our souls...our essence too...
so when we open them this Juneteenth...
we will know exactly what we have to do.

Scripture/Meditation Song: Open Your Hearts (Covenant 336) Verse 1

1 O - pen your hearts, all you who hear this, o - pen your
2 We have come to greet the Sav - ior, we have
3 Je - sus is here, we bow be - fore him, Je - sus is

hearts to know God's love, o - pen your hearts to
come to wor - ship him, we have come to
here with - in this place. Je - sus is here a -

hear his mes - sage: Je - sus makes us one.
sing God's prais - es; wor - thy is his name.
mong his peo - ple, chil - dren of his grace.

Chord markings: F, E, Dm, E, #8

Scripture: Colossians 3:11-14

As a result, there is no longer any distinction between Gentiles and Jews, circumcised and uncircumcised, barbarians, savages, slaves, and free, but Christ is all, Christ is in all. Put on then, as God's chosen ones, holy and beloved, heartfelt compassion, kindness, humility, gentleness, and patience bearing with one another and forgiving one another, if one has a grievance against another; as the Lord has forgiven you, so must you also do.
And over all these put on love, that is, the bond of perfection.

Presider: This is the witness of an early Christian community.

All: **May we find wisdom for our living.**

Sermon: **Pastor Frank Langholf**

Offering We take this time now to offer our gifts and intentions.

Special Music: "The Times They Are A Changin'" by Bob Dylan

Time for Gratitude

Prayer Song and Response: Sacred Fire

**Sacred fire, burning before me,
Burning within me, deep in my soul.
Sacred fire, transforming fire,
Recreate me, make me whole**

Prayers of the People

Julaine, Ray, Wanie, Norm, Jennie, Gary, Randy
Deborah, Jerry, Miguel, Steve, Jim, Andrea, Ruth Ann, Josie

We pray for the family of Ann Downie whose daughter, Allison, died on May 21st.

The Lord's Prayer—New Zealand Prayer Book

Eternal Spirit

Earth-Maker, Pain-bearer, Life-giver,

Source of all that is and that shall be,

Father and Mother of us all.

Loving God, in whom is heaven,

The hallowing of your name echoes through the universe!

The way of your justice be followed by the peoples of the earth!

Your heavenly will be done by all created beings!

Your commonwealth of peace and freedom

sustain our hope and come on earth.

With the bread we need for today, feed us.

In the hurts we absorb from one another, forgive us.

In times of temptation and test, spare us.

From the grip of all that is evil, free us.

For you reign in the glory of the power that is love,

Now and forever.

Amen.

Announcements

Sending Song: "If I had a Hammer"

If I had a hammer,
I'd hammer in the morning
I'd hammer in the evening,
All over this land.

I'd hammer out danger,
I'd hammer out a warning,
I'd hammer out love between my brothers and my sisters,
All over this land.

If I had a bell,
I'd ring it in the morning,
I'd ring it in the evening,
All over this land.

I'd ring out danger,
I'd ring out a warning
I'd ring out love between my brothers and my sisters,
All over this land.

If I had a song,
I'd sing it in the morning,
I'd sing it in the evening,
All over this land.

I'd sing out danger,
I'd sing out a warning
I'd sing out love between my brothers and my sisters,
All over this land.

Well I got a hammer,
And I got a bell,
And I got a song to sing, all over this land.

Continued...

It's the hammer of Justice,
It's the bell of Freedom,
It's the song about Love between my brothers and my sisters,
All over this land.

It's the hammer of Justice,
It's the bell of Freedom,
It's the song about Love between my brothers and my sisters,
All over this land.

Benediction:

Sharing of Peace



FREE FIX-IT FAIR - WE REPAIR, REUSE, RENEW
Saturday, June 27th - 9:00am – 1:00pm
Emmanuel Lutheran Church, 920 Third Avenue.
Community is invited.

We are collaborating with Sustain Rockford on June 27th. Bring your damaged items to be repaired by professionals at no cost!

What we fix: Small electronics and appliances
clothing repairs and mending
lamps and basic wiring, toys and more!

Please wash any clothing you would like us to mend.
No computer or phone repairs available.

“Nurture” Art Exhibit

“Nurture” is a mixed media art exhibit that focuses on artists’ perspective of the concept of Nurture. The Gallery will be open for your viewing pleasure T/W/Th 8:00 – 1:30 and on Sunday mornings.

If you are handy and would like to help, call Paula at 815-871-0120.

Women’s Interfaith Potlucks

Hello: All women are invited to attend the interfaith potlucks, listed below, which start at 6:00 p.m. Please bring a dish to pass. Plates, silverware, and beverages will be provided, but you are always welcome to bring your own plate and silverware if you wish. *AND, see below info. for the Spiritual Unity of the Tribes gathering. I attended part of the event last year, and I found it to be moving and inspiring; you can attend for all or part of the time.*

- **Monday, June 29, 2026**, at Zion Lutheran Church, 925 - 5th Ave., Rockford. (NOTE: enter at rear door, next to the fire escape; If no one is at the door, push the button marked Kitchen and someone will open it.) The program will be "In Our Own Voice", through Northern Illinois NAMI, with an inspiring panel of women discussing their personal experiences with mental illness.

- **Monday, July 27, 2026**, at Muslim Association of Greater Rockford, 5921 Darlene Dr., Rockford

AN INVITATION FOR ALL....

SPIRITUAL UNITY OF THE TRIBES: JUNE 25-28
Camp Lowden BSA, 4418 S. Scout Rd., Oregon, IL

***A GATHERING FOR THE REUNIFICATION OF ALL PEOPLE
THROUGH CEREMONY AND SHARING***

(708) 669-9895 – INFO@WWW.SPIRITUALUNITYOFTHETRIBES.ORG

Allison Ruth Downie

December 15, 1979 - May 21, 2026

A Celebration of Life will be held 11:00 a.m. on Wednesday, July 8, 2026 at Emmanuel Lutheran Church. Visitation will be from 10:30 to 11:00 a.m. prior to the service.



Summer Solstice Celebration at Emmanuel

Saturday, June 20th, 3:00 – 8:00pm

Everyone welcome - Free

Emmanuel Lutheran Church, 920 Third Avenue, Rockford, IL 61104

Mailing address, P. O. Box 4362, Rockford, IL 61110

815-963-4815 Fax: 815-963-4808

emmanuelchurch07@ gmail.com elcrockford.org

Pastor Frank Langholf, phone 309-509-5241, email: fslangholf@gmail.com